



P-12 Supportive Guidance

Phase 3 Beginning June 1, 2020

SCHOOL-SPONSORED P-12 SUMMER ACTIVITIES

The State of Alabama continues to follow the guidance of experts in public health when making decisions about the reopening of facilities and resumption of activities statewide. Alabama's plan for reopening outlines a set of phases that are initiated once certain public health criteria are met. Throughout these phases, restrictions may be gradually relaxed, allowing for greater flexibility.

Summer activities on P-12 campuses may occur within limitations set out in this document. The Alabama State Department of Education (ALSDE), in consultation with the Alabama Department of Public Health (ADPH), offers the following supporting guidance in order to assist P-12 schools in adhering to public health guidelines and ensuring the health and safety of their students and staff.

Note: Guidance may change in accordance with updates from the Centers for Disease Control (CDC) and the Alabama Department of Public Health (ADPH).

CHECKLIST FOR SCHOOL-SPONSORED SUMMER ACTIVITIES INCLUDING EXTRACURRICULAR AND CO-CURRICULAR ACTIVITIES

The following sections contain a checklist and supportive guidance for keeping students and staff healthy and safe during extracurricular and co-curricular activities.

Checklist:

1. Group Size and Physical Standards

- ✓ Implement social distancing strategies to maintain at least a six-foot distance between persons from different households
- ✓ Change parent drop-off and pick-up processes to limit contact and building access
- ✓ Ensure school-sponsored extracurricular and co-curricular activities, including athletics and band, adhere to established safety and hygiene protocols

2. Symptom Monitoring

- ✓ Require sick students and staff to stay home
- ✓ Maintain adequate number of thermometers to screen students when necessary
- ✓ Implement isolation measures if a student becomes sick, then follow with cleaning and disinfecting processes
- ✓ Address vulnerable students with health conditions

3. Environmental Cleaning and Personal Hygiene

- ✓ Ensure healthy personal hygiene practices
- ✓ Establish [hand hygiene stations](#) at facility entrances
- ✓ Intensify cleaning and disinfecting efforts, including cleaning schedules based on summer facility usage

4. Additional Operating Considerations

- ✓ Ensure healthy food preparation practices
- ✓ Encourage grab-and-go distribution for any child nutrition services
- ✓ Ensure transportation staff are following safety and hygiene protocols

1. GROUP SIZE AND PHYSICAL STANDARDS

Implement social distancing measures to maintain at least a six-foot distance between persons from different households

Establish and maintain **static groups** for the maximum duration of any summer activity.

- Space large enough to accommodate 36 square feet per participant, including adults
- Supervision of one adult per 12 students
- Maintain distance of six feet between persons whenever possible
- If activity requires closer than six feet, wear facial coverings
- Wear facial coverings when entering common areas and to the greatest extent possible

Change parent drop-off and pick-up processes to limit contact and building access

Establish **curbside drop-off and pick-up** to limit direct contact between parents and staff members.

- The plan for curbside drop-off and pick-up should limit direct contact between parents and staff members and adhere to social distancing recommendations
- If students must be met outside, an assigned staff member from the child's static group should escort the child into the facility once they arrive
- Consider staggering arrival and drop-off times to manage the flow of students into and out of the facility
- For dismissal, students may be discharged with their static group leader

Establish [hand hygiene stations](#) at the entrance to the facility so students can clean their hands as they enter.

- If a sink with soap and water is not available, provide hand sanitizer with at least 60 percent alcohol and supervise its use

Ensure school-sponsored extracurricular and athletic activities follow established safety and hygiene protocols

It is important to clean sporting equipment as often as practical. Train your staff on these surfaces and prepare procedures for elevated cleaning and sanitizing of these surfaces. For example, a barbel should be cleaned between each student. Players, coaches, and officials shall not share water coolers, drinking stations, water bottles, cups, or other drinking devices. Organizers of athletic activities shall take reasonable steps, where practicable, to regularly disinfect frequently used items and surfaces.

2. SYMPTOM MONITORING

Require sick students and staff to stay home

Individuals who have a fever of 100.4 degrees Fahrenheit or above, or other signs of illness, cannot be admitted to the facility.

- Make a visual inspection of the child for signs of illness, which could include flushed cheeks, rapid breathing or difficulty breathing, fatigue, or in young students, extreme or unusual fussiness
- Communicate the importance of parents of keeping students home when they are sick, the proactive steps being taken to ensure the health and safety of their students, and the important information related to limiting COVID-19 exposure
- Communicate to staff the importance of being vigilant for symptoms and staying in touch with school leadership if or when they start to feel sick
- Follow procedures to ensure students and staff who come to summer activities sick or who become sick while at your facility are placed in isolation and sent home as soon as possible
- Ask the parent/guardian to confirm the student has not taken fever reducing medication in the last 24 hours and does not have shortness of breath, sore throat, or a cough

Implement isolation measures if a student becomes sick, then follow with cleaning and disinfecting processes

It is important to establish a space to isolate students who become sick and be prepared with a cleaning and disinfecting process.

- Create an isolation room or area, such as a cot in a corner of the classroom, a small office, or an empty classroom that can be used to isolate a sick student. Ensure proper adult supervision of an isolated child as needed and based on age
- Follow CDC guidance on how to [disinfect the area](#) if someone is sick
- If a sick child has been isolated in the facility, clean and disinfect surfaces in the isolation room or area after the sick child has gone home

If COVID-19 is confirmed in a student or staff member, please follow the steps below:

- Close off areas used by the person who is sick
- Wait up to 24 hours, or as long as possible, to allow respiratory droplets to settle before cleaning or disinfecting
- Clean and disinfect all areas used by the person who is sick, such as offices, bathrooms, and common areas
- Improve Ventilation – As basic principles of social distancing, surface cleaning and disinfection, handwashing and other strategies of good hygiene are of the utmost importance in preventing the spread of COVID-19, ventilation in facilities should also be considered. Consider improving the engineering controls using the building ventilation system. This may include some or all of the following activities: increase ventilation rates; increase the percentage of outdoor air that circulates into the system; and do not recirculate air
- Follow recommended public health guidelines on home isolation

Address vulnerable individuals

People with serious underlying health conditions, including chronic lung disease, diabetes, and asthma, and those whose immune systems are compromised by an autoimmune disease or by a treatment such as chemotherapy for cancer, are at higher risk for severe illness from COVID-19.

Speak to the parents of students with health conditions to ensure participation in the summer activities is appropriate. Encourage parents to speak directly with their child's physician before returning to campus for summer activities if the child is a member of a vulnerable population.

3. ENVIRONMENTAL CLEANING AND PERSONAL HYGIENE

Ensure healthy personal hygiene

Adults and students, to the greatest extent possible, should wear facial coverings.

Establish hand hygiene stations at entrance to the facility

All students and staff must engage in [hand hygiene](#) at the following times:

- Arrival and exit of the facility
- After returning from a break
- Before and after using outdoor play equipment
- Before and after preparing, eating, or handling food or drinks, or feeding children
- Before and after administering medication or medical ointment
- After using the bathroom or helping a child use the bathroom
- After coming in contact with bodily fluid
- After handling animals or cleaning up animal waste
- After playing outdoors or in sand
- After handling garbage

Intensify cleaning and disinfecting efforts by creating cleaning schedules based on usage of facility

4. ADDITIONAL OPERATING CONSIDERATIONS

Ensure healthy food preparation and continue grab-and-go distribution for child nutrition services

- Clean before, during, and after preparing food
- Distribute food by utilizing grab-and-go methodology and social distancing guidelines

Ensure transportation staff are following safety and hygiene protocols

- Encourage the use of facial coverings on school buses
- Avoid touching surfaces often touched by passengers
- Use gloves if required to touch surfaces contaminated by body fluids
- Practice routine cleaning and disinfection of frequently touched surfaces
- Proper hand hygiene is an important infection control measure. Wash hands regularly with soap and water for at least 20 seconds. If soap and water are not readily available, use an alcohol-based hand sanitizer containing at least 60 percent alcohol

*The Alabama State Department of Education is partnering with state and national, public and private entities, to publish a more comprehensive roadmap for full reopening of schools for the 2020-2021 school year.